



## HFH Project, CULP

### Menstrual Day Celebration and HFH Felicitation Report

#### Introduction:

Heroes for Humanity program is being smoothly implemented by CULP in collaboration with Desai Foundation Trust since 10 months in Dausa and Tonk districts of Rajasthan. It is well known that World Menstrual day is celebrated on 28<sup>th</sup> May every year. An event was organized to celebrate the occasion of World Menstrual day and to felicitate the Heroes for their outstanding efforts so far. It was planned to organize the event on 28<sup>th</sup> May at Dausa district and on 31<sup>st</sup> May at Tonk District.

The first event was organized in Dausa on May 28, 2022 on 10 AM at Gram panchayat Ganeshpura of Dausa Cluster. The venue of the event was Meeting Hall, Gram Panchayat Ganeshpura. Similarly the same event was organized in Tonk on May 31, 2022 on 10 AM at Rajeev Gandhi Seva Kendra, Jhilai. Total 118 people have participated at Dausa and 103 people have participated in Tonk district. Heroes of HFH program (CFs and CFHs), skill training beneficiaries, HFH beneficiaries, peoples representatives, stake holders, school teachers, Anganwadi workers CULP officials and DFT executive were present in the event. Mr. Prahlad Meena, Pradhan, Panchayat samiti Dausa and Mr. O.P. Saini sarpanch Ganeshpura chaired the event in Dausa and Mrs. Chandrakala Devi, ex. Pradhan panchayat samiti, Niwai and Mrs. Kanta Devi Sharma, Sarpanch Jhilai were chaired the event in Tonk.



**Felicitation Ceremony of Heroes:** The whole program was divided in two phases. The first phase of the event was celebrated as felicitation ceremony of Heroes in which following activities were organized:

**Background and Key Achievements Sharing:**

After welcoming the guests, Heroes and beneficiaries, they all were introduced to CULP and Desai Foundation trust. The background and key achievements of HFH program in different activities like Ration Distribution, Hygiene kit Distribution, Vaccination Awareness, MHM awareness, Male awareness, Baseline Survey etc. and Achievements of ASPIRE program through different activities like Women Health and awareness camps, Children Health Camp, Eye and Dental Health Camp, Computer training centers, Sewing training centers, numbers of beneficiaries etc. were explained in brief. Mr. Sudhir Upadhyay, Director CULP shared the achievements in Dausa and Dr. OP Kulhari, Secretary CULP shared in Tonk.

**Success Stories by Heroes and Beneficiaries:**

Heroes for Humanity program has been implementing on field for more than 9 months. In these 9 months our heroes have performed several tasks and activities such as Ration kit distribution, Vaccination Awareness, Masks and Hygiene kit distribution, vaccination awareness, baseline survey, MHM and Male awareness, PHHE activities and social protection schemes related survey. By all these activities and working on fields their own abilities have developed. There has also been a change in their mindset and behavior as compared to before. Heroes, Bharat Singh Bairwa, Anchal Tiwari and Maya Gurjar shared their success stories in Dausa and Anjana Jangid, Sayra Bano and Devki Sharma Shared their stories in Tonk.

Some of the beneficiaries, who were get benefitted by either Ration kits or any awareness Programs, came from different villages of project areas, were also participated in the program. They also shared about their family background, situation of COVID and lockdown, how they were helped by HFH. Also they thanked the HFH program and Heroes the way they were helped in the situation of COVID and lockdown.

**Felicitation of Heroes:**

The Heroes of the HFH program were awarded with certificates for their outstanding work at the fields. The certificates distribution was done by guests (Pradhan and sarpanch) and they appreciated the efforts of heroes for their contribution to make the program successful. All the CFs, DSs and CFHs who have completed 3+ months successfully in HFH program were awarded by certificates. More than 60 heroes (CFs, CFHs and DSs) were felicitated by the certificates in both the districts.

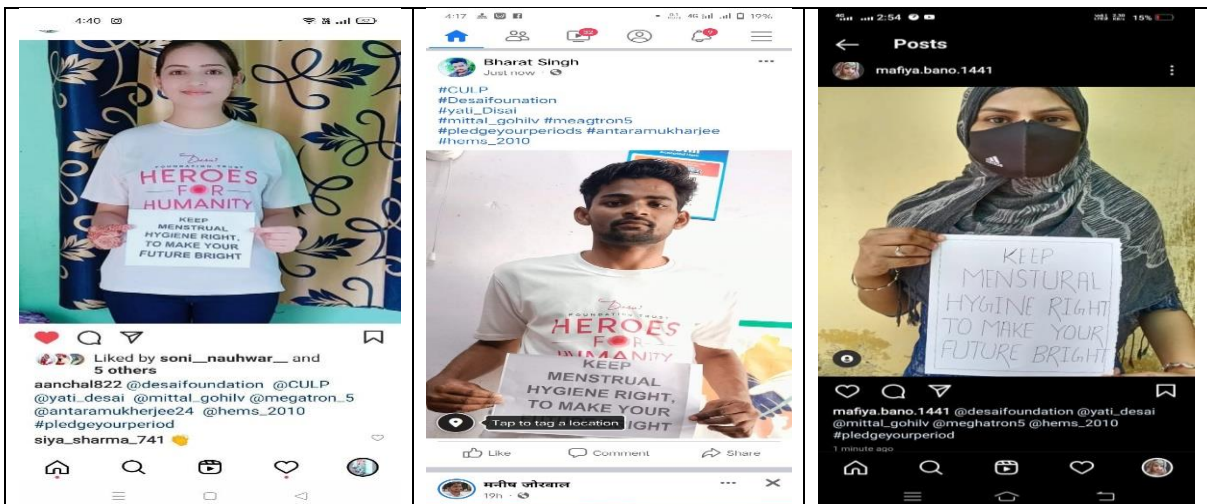
Along with this the trainees who have completed their courses from our skill training centers (Sewing and Computer) were also given certificates. 20 beneficiaries from Sewing center Khan Bhankri, 18 beneficiaries from computer center Bhandarej Mod, 38 Beneficiaries from Sewing Center Rajwas, 22 Beneficiaries from Banasthali were awarded by completion certificates in the event.



**Menstrual Day Celebration:** The second phase of the event was celebrated as Menstrual day in which the following activities were organized:

**Social Media Posts:**

The celebration of Menstrual health and hygiene day was being done by heroes for a week. Heroes have designed many slogans related to menstrual health and take pictures/selfies with them. These pictures/selfies were uploaded on social media (Facebook, Instagram and WhatsApp status) and shared with relatives, friends or colleagues to generate maximum awareness on the sensitive issue of menstrual hygiene. Male heroes were also uploaded and shared their posts related to menstrual hygiene to support women and adolescents.





## Menstrual Health and Hygiene Awareness:

During the event, Antara Mukherjee, Executive DFT shared important information and generated awareness about menstrual Health and hygiene. She explained the issue openly and cleared all the myths and misconceptions people had about menstrual health. For this, she also did a balloon activity with all the heroes and beneficiaries, in which all the myths and misconceptions related to menstrual health were blown up in the form of air. After this, sanitary pads were distributed to all the heroes, guests and beneficiaries present in the event.

## Oath ceremony:

All the participants (Heroes, Beneficiaries and guests) were also administered an oath to not believe all the myths and misconceptions related to menstrual health. The oath activity was done in a very interesting way, in which it was written on a big poster that *"We take oath that we will not adopt the misconceptions related to menstruation and will also make other people aware about it."* After this, in turn, everyone dipped their paws in color and put on the poster to took the oath.



## News Clips:

 <p><b>दौसा भास्कर 29-05-2022</b></p> <p><b>स्वच्छता दिवस पर मानवता के नायकों का सम्मान</b></p> <p>कार्यालय संवाददाता।दीसा</p> <p>ग्राम पंचायत गणेशपुरा में मासिक धर्म स्वास्थ्य व स्वच्छता दिवस पर मानवता के नायकों का सम्मान समारोह शनिवार को आयोजित किया गया। इस अवसर पर महिलाओं ने माहवारी की भातियों को नहीं अपनाते और अन्य लोगों को भी जागरूक करने की शपथ ली।</p> <p>कार्यक्रम के आरंभ में प्रधान प्रहलाद मीणा ने कहा कि गांवों में मासिक धर्म से संबंधित कई तरह की भातियां फैली हुई हैं। इसके प्रति जागरूकता बहुत जरूरी है। सरपंच ओमप्रकाश सेनी ने भी मासिक धर्म स्वास्थ्य व स्वच्छता दिवस के महत्त्व पर प्रकाश डाला तथा बात करते हुए कल्प-सेंटर फॉर अनफोल्डिंग लर्निंग पोर्टलअल्स एवं देसाई फाउंडेशन ट्रस्ट के द्वारा किए जा रहे प्रवासों की सराहना की। कल्प के निदेशक सुधीर उपाध्याय ने संस्था के कार्यों पर प्रकाश डाला। देसाई फाउंडेशन की कार्यक्रम एजीक्यूटिव अंतरा मुखर्जी ने आभार व्यक्त किया।</p> <p>कल्प के क्षेत्रीय समन्वयक हेमंत शर्मा ने बताया कि कार्यक्रम के दौरान प्रधान प्रहलाद मीणा व सरपंच ओमप्रकाश सेनी ने स्वास्थ्य के प्रति जागरूकता के क्षेत्र में उत्कृष्ट कार्य करने वाले नायकों को प्रशस्ति पत्र देकर सम्मानित किया साथ ही जिले में संस्था द्वारा संचालित सिलाई प्रशिक्षण केंद्र से स्नातक महिलाओं को प्रमाण पत्र भी वितरित किए गए।</p>	 <p><b>टोंक 01-06-2022</b></p> <p><b>स्वास्थ्य एवं स्वच्छता दिवस और मानवता के नायक सम्मान समारोह मनाया, जागरूकता की शपथ दिलाई</b></p> <p>भास्कर नृपजिंदर</p> <p>कल्प-सेंटर फॉर अनफोल्डिंग लर्निंग पोर्टलअल्स एवं देसाई फाउंडेशन ट्रस्ट के द्वारा आभार प्रस्ताव शिल्लप के सहयोग से मासिक-धर्म स्वास्थ्य एवं स्वच्छता दिवस मनाया। इस अवसर पर मानवता के नायक सम्मान समारोह का आयोजन हुआ। पूर्व प्रधान भंडारण सुधीर ने कार्यक्रम के महत्त्व पर प्रकाश डालते हुए कहा कि कल्प एवं देसाई फाउंडेशन द्वारा किए जा रहे प्रवासों से उपजाऊ के 75 गांव के लोग लाभान्वित हुए हैं। शिल्लप फॉर एम्प्लिफाई कार्यक्रम में क्षेत्रों में मासिक धर्म से संबंधित कमीनिटी शर्मा ने संस्था द्वारा किये जा रहे प्रवासों की सराहना की। कार्यक्रम में उपस्थित महिलाओं ने माहवारी से संबंधित भ्रमों को नहीं अपनाते और इस काम में अन्य लोगों को भी जागरूक करने की शपथ ली। शिल्लप एवं प्रभान व सरपंच ने उत्कृष्ट कार्य करने वाले नायकों को प्रशस्ति पत्र सम्मानित किया। विवाद में संस्था द्वारा संचालित सिलाई एवं कम्प्यूटर प्रशिक्षण केंद्रों से स्नातक महिलाओं को प्रमाण पत्र भी वितरित किए। इस मौके पर हेमंत शर्मा, डॉ. ओमप्रकाश बुजुर्गर, अंतरा मुखर्जी, मुकेश शर्मा, माहवारी कानो, धरेश्वर शर्मा सहित अनेक कार्यकर्ता उपस्थित रहे।</p>
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